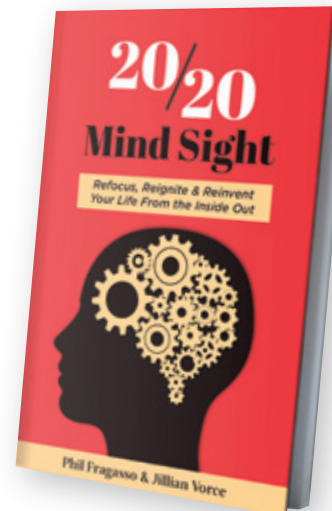


Chapter 2: “The Years Are Short” Find Your Passion

Sight Line Worksheet

This worksheet is provided as a supplement to **Chapter 2** of *20/20 Mind Sight*. For maximum benefit, please read the chapter prior to completing the exercise.



AVAILABLE AT:



20/20 Sight Line: The Jung Typology Test

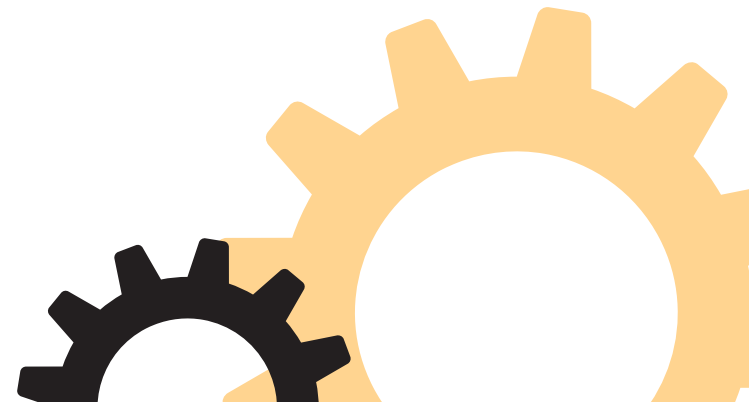
Discovering your passion is an intensely personal activity. Nonetheless, there are some tools that use self-reflection to assess where your passions lie and perhaps help nudge you in the right direction. The Myers-Briggs Type Indicator (MBTI) is the most widely used measure of personality types. The MBTI methodology is based on the work of Carl Jung, and MBTI questionnaires are typically administered by specially trained consultants. That makes MBTI testing cost-prohibitive for individuals. As a starting point, however, Humanmetrics Inc. offers a free online testing program – “The Jung Typology Test.” Phil has used this program with MBA students and can confirm that the results are highly correlated to MBTI results.

Upon completion of the Humanmetrics questionnaire, you will:

- Obtain your 4-letter type formula according to the typology developed by Carl Jung and Isabel Briggs Myers, along with the strengths of preferences and the description of your personality type
- Discover careers and occupations most suitable for your personality type
- See which famous personalities share your type
- Access free career development resources

Without replicating all of the information readily available about the Jungian and Myers-Briggs analyses, here's the nutshell version. Human consciousness is characterized by four personality dimensions:

- Extraversion vs. Introversion
- Sensing vs. Intuition
- Thinking vs. Feeling
- Judging vs. Perceiving.



20/20 Sight Line: The Jung Typology Test

Within each of these dichotomies, people typically have a preference of one trait/approach over the other (e.g., a greater tendency to think rather than feel when making decisions). This preference can range from mild to extensive.

The possible permutations of the four dichotomies yield the 16 different combinations (different personality types) shown here:

ISTJ	ISFJ	INFJ	INTJ
ISTP	ISFP	INFP	INTP
ESTP	ESFP	ENFP	ENTP
ESTJ	ESFJ	ENFJ	ENTJ

Access the Jung Typology Test via this link:
2020minds.com/JungTypo

If you prefer a more comprehensive career development analysis, Humanmetrics offers a paid service at: 2020minds.com/PersonE

NOTE: Some of this information is used with the permission of Humanmetrics Inc. The Humanmetrics Jung Typology Test™ instrument uses methodology, questionnaire, scoring and software that are proprietary to Humanmetrics Inc., and should not be confused with the MBTI®, Myers-Briggs®, and/or Myers-Briggs Type Indicator® instrument.”