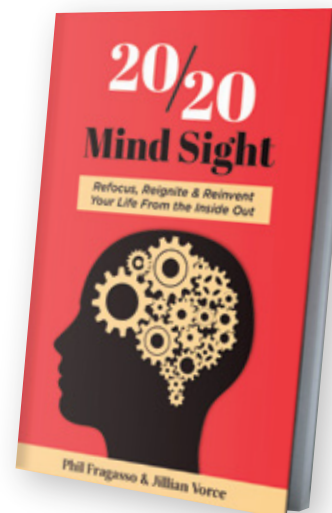


Chapter 19: “What Would Steve Do?” Stay True To Yourself

Sight Line Worksheet

This worksheet is provided as a supplement to **Chapter 19** of *20/20 Mind Sight*. For maximum benefit, please read the chapter prior to completing the exercise.



AVAILABLE AT:



20/20 Sight Line: Hear The Voices

More homework. Think about those little voices in the back of your consciousness.

- What questions are the voices in your head asking that make you cringe?

- Do you have answers that you're afraid to state aloud?

We've found that writing down your answers is a good alternative for many people. It forces you to choose the correct words, allows you to edit as you write to achieve maximum precision, and encourages you to keep working at it until the question is fully answered.

Start with the question that has been challenging you longest or the one that seems most important to your current situation. Write away. You don't need to share it with anyone else. It's for your eyes only - and it will help you visualize your innermost self.