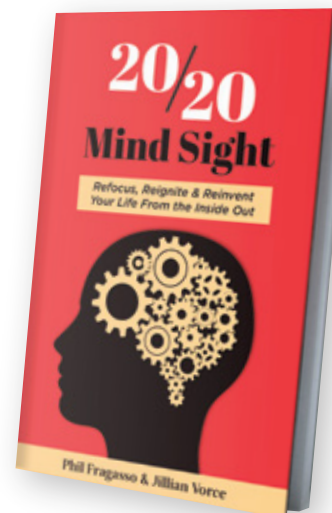


## Chapter 14: *“When Nobody Likes You”* Lead By Example

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### Sight Line Worksheet

This worksheet is provided as a supplement to **Chapter 14** of *20/20 Mind Sight*. For maximum benefit, please read the chapter prior to completing the exercise.



AVAILABLE AT:



# 20/20 Sight Line: See The Good In The Really Bad

In *The Power of Nice*, co-authors Linda Kaplan Thaler and Robin Koval describe an unusual exercise used by couples therapist Dr. Ona Robinson. Couples frequently fall into contrarian mode when interacting with their spouse. To counter that tendency Dr. Robinson asks the couple to work together and provide at least three reasons why cannibalism is good. As Thaler and Koval write, “She gets a lot of hilarious responses – ‘excellent source of protein,’ ‘not too much fat,’ ‘reduces world population,’ ‘all-natural ingredients.’” In the end, the couples begin to realize that you can think and speak positively about anything; and Dr. Robinson hopes that realization will help break negative communication habits and nurture a more enriching relationship.

Your assignment is to use a similar approach and list at least three positive aspects of these decidedly stupid product ideas (which we know some of you will undoubtedly steal and make millions):

- Pizza in a Cup

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- Battery-Powered Espresso Machine

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- Shoes With Built-In Metal Detector

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- Soft Drink That Gives You a 24-Hour Jersey Tan

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- Powdered Water

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